








WHAT YOU NEED TO KNOW

A Standard Drink

beer or cooler	malt liquor	table wine	fortified wine	cordial, liqueur, or aperitif	brandy (a single shot)	spirits (a single shot of 80-proof gin, vodka, whiskey, etc.) Shown straight and in a highball glass with ice to show level before adding mixer*
						
~5% alcohol	~7% alcohol	~12% alcohol	~17% alcohol	~24% alcohol	~40% alcohol	~40% alcohol
12 oz.	8.5 oz.	5 oz.	3.5 oz.	2.5 oz.	1.5 oz.	1.5 oz.

***Note:** It can be difficult to estimate the number of standard drinks served in a single mixed drink made with hard liquor. Depending on factors, such as type of spirits and the recipe, one mixed drink can contain from one to three or more standard drinks.