



Meal Challenge

# Potato Mashup

More than just french fries - potatoes are so versatile! You can mash them, bake them; you can even bake them twice. Allow us to introduce you to the twice-baked potato. It's super yum.

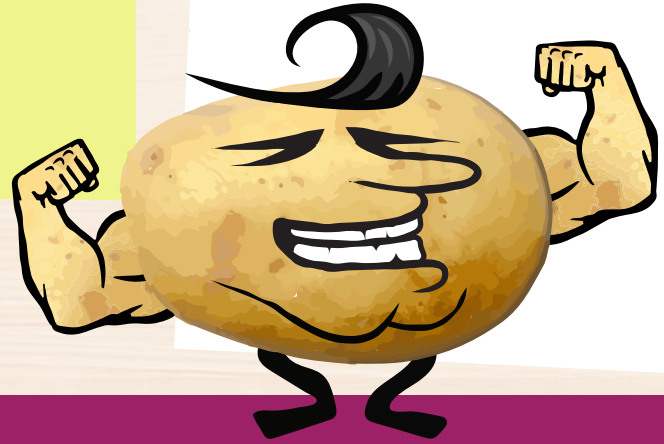


## Food Dare

Try a sweet version! Marshmallows, granola, and pecans... oh my!

## Suggestions

How about twice-baked acorn squash or spaghetti squash? They're simply gourd-geous.



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## Table Talk

- 1 What planet would you most like to visit?
- 2 If you could only eat one food for the rest of your life, what food would you choose?
- 3 What new skill do you wish you could learn?

## Mealtime Trivia



Idaho is home to the country's first chairlift. Where was it built?

A: Sun Valley



Which Olympic gold medalist skier grew up in Triumph, Idaho?

A: Picabo Street



Why is Idaho a great place for growing potatoes?

A: Rich, volcanic soil

## Funky Food Fact

Potatoes were the first vegetable grown in space!